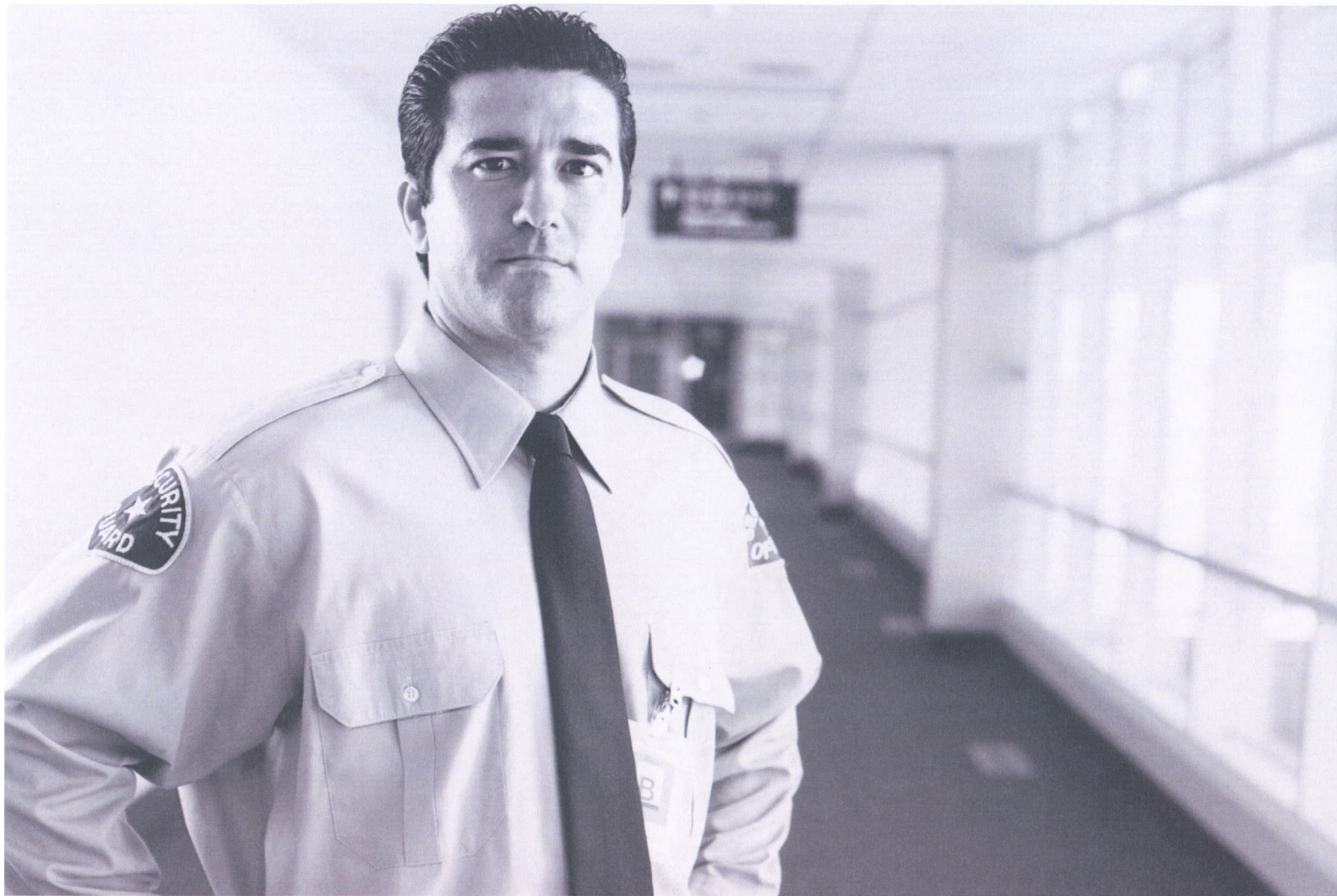




Benefit Highlights

Plan Summary

Minimal Essential Coverage Plan — with Dependents

Schedule of Benefits

The following benefits are per Participant per Calendar Year

Benefits	Coverage
Abdominal aortic aneurysm screening: men	1 time per year, ages 65-75, previous smoker
Alcohol and drug use assessment: adolescents	1 time per year, ages 11-18
Alcohol misuse: screening and counseling	Screening 1 time per year, adults 18 and over, including brief behavioral interventions up to 5 sessions per year.
Anemia screening: pregnant women	At the initial prenatal visit and early in the third trimester asymptomatic pregnant women
Aspirin to prevent cardiovascular disease: men	As prescribed, ages 45-79, when the potential benefit due to a reduction in myocardial infarctions outweighs the potential harm of an increase in gastrointestinal hemorrhage
Aspirin to prevent cardiovascular disease: women	As prescribed, ages 55-79, when the potential benefit of a reduction in ischemic strokes outweighs the potential harm of an increase in gastrointestinal hemorrhage
Autism screening: children	At 18 and 24 months
Bacteriuria screening: pregnant women	1 time, pregnant women at 12-16 weeks gestation or at the first prenatal visit, if later
Behavioral assessments: children	0-11 months: 6 well baby visits; 1-4 years: 7 visits between ages 1 and 4; 5-18 years: 1 visit per year
Blood pressure screening in adults	1 time per year, 18+ years
Blood pressure screening in children	0-11 months: 6 well baby visits; 1-4 years: 7 visits between ages 1 and 4; 5-18 years: 1 visit per year
BRCA risk assessment and genetic counseling/testing	1 time every 5-10 years, beginning at age 18; women whose family history is associated with an increased risk for deleterious mutations in BRCA1 or BRCA2; if screening results are positive receive genetic counseling and if indicated by counseling, testing.
Breast cancer preventive medication consultation	1 time, women at high risk for breast cancer and at low risk for adverse effects of chemoprevention
Breast cancer screening/mammography	1 time every year, women ages 40 or older
Breastfeeding counseling	Twice to parent(s) of the child (1 time during pregnancy and 1 time post partum), as well as a breast pump for pregnant and nursing women.
Cervical cancer screening: Type A	1 time every 3 years, all sexually active women
Cervical cancer screening: Type B	1 time every 5 years, women ages 30-65 who want to lengthen the screening interval, screening with a combination of pap smear and human papillomavirus (HPV) testing

Chlamydial infection screening: pregnant and nonpregnant women	1 time per year, women 24 years or younger and for older women who are at increased risk.
Cholesterol abnormalities screening: men 35 and older	1 time per year
Cholesterol abnormalities screening: men younger than 35	1 time per year, ages 20-35 if at increased risk for coronary heart disease
Cholesterol abnormalities screening: women 45 and older	1 time per year
Cholesterol abnormalities screening: women younger than 45	1 time per year, ages 20-45 if at increased risk for coronary heart disease
Cholesterol abnormalities: children	Screening for children at higher risk of lipid disorders, ages 1-4 years; 5-10 years; 11-14 years; 15-18 years
Colorectal cancer screening	Ages 50-75
Contraception for women	As prescribed, FDA approved methods, sterilization procedures, and patient education and counseling for all women not including abortifacient drugs
Dental caries (decay) prevention: preschool children (through age 5)	Oral fluoride as prescribed for preschool children older than 6 months whose primary water source is deficient in fluoride; fluoride varnish to the child's teeth, 1 time per year beginning when the first primary tooth appears
Depression screening: adolescents	1 time per year, ages 11-18
Depression screening: adults	1 time per year, ages 18+
Developmental assessment: children	0-11 months: 6 well baby visits; 1-4 years: 7 visits between ages 1 and 4; 5-18 years: 1 visit per year
Diabetes screening	1 time per year, asymptomatic adults with sustained blood pressure (either treated or untreated) greater than 135/80 mm Hg
Domestic and Interpersonal violence screening: women of childbearing age	1 time per year; screening of women of childbearing age for intimate partner violence; refer women who screen positive to intervention services. Applies to women who do not have signs or symptoms of abuse
Diphtheria, Tetanus and Pertussis-1	1 time age 2 months
Diphtheria, Tetanus and Pertussis-2	1 time age 4 months
Diphtheria, Tetanus and Pertussis-3	1 time age 6 months
Diphtheria, Tetanus and Pertussis-4	1 time age 15-18 months
Diphtheria, Tetanus and Pertussis-5	1 time age 4-6 years
Falls prevention in older adults: exercise or physical therapy	1 time per year, community-dwelling adults ages 65 years or older who are at increased risk for falls
Falls prevention in older adults: Vitamin D	As prescribed, community-dwelling adults ages 65 years or older who are at increased risk for falls
Folic acid supplementation	As purchased, women planning or capable of pregnancy
Gestational diabetes screening	1 time per pregnancy, women 24-28 weeks pregnant and those at high risk of developing gestational diabetes
Gonorrhea prophylactic medication: newborns	1 time for newborns
Gonorrhea screening: women	1 time per year, women 24 years or younger and for older women who are at increased risk.
Healthy diet counseling	3 times per year, intensive behavioral dietary counseling for adults with hyperlipidemia and other known risk factors for cardiovascular and diet-related chronic disease
Hearing loss screening: newborns	1 time for newborns

Height, weight, and BMI measurements: children	0-11 months: 6 well baby visits; 1-4 years: 7 visits between ages 1 and 4; 5-18 years: 1 visit per year
Hematocrit or Hemoglobin screening: children	0-11 months: 6 well baby visits; 1-4 years: 7 visits between ages 1 and 4; 5-18 years: 1 visit per year
Hemoglobinopathies screening: newborns	1 time for newborns
Hepatitis B screening: pregnant women	1 time at the first prenatal visit
Hepatitis B screening: Nonpregnant adults and adolescents	1 time per year for adolescents and adults who are at high risk for infection
Hepatitis C screening: adults	One time screening for adults born 1945-1965; screening for other adults at high risk for infection.
Hepatitis A-1	1 time, age 12-23 months; adults, those at risk or traveling
Hepatitis A-2	1 time 6 months after Hepatitis A-1; ages 18 months or older
Hepatitis B-1	1 time newborns; adolescents not previously vaccinated; adults at high risk
Hepatitis B-2	1 time, ages 4 weeks-2 months; adolescents not previously vaccinated; adults at high risk
Hepatitis B-3	1 time ages 24 weeks-18 months; adolescents not previously vaccinated; adults at high risk
Herpes Zoster	1 time ages 60+ years
H. Influenzae-1	1 time per year, ages 6 weeks-2 months
H. Influenzae-2	1 time per year, ages 10 weeks-6 months
H. Influenzae-3	1 time per year, 14 weeks-6 months
H. Influenzae-4	1 time per year, 12-15 months
HIV screening and counseling	1 time per year for adolescents and adults ages 15-65 and for younger and older persons at higher risk, including all pregnant women
HPV-1	1 time per year, ages 9-12 years
HPV-2	1 time per year, ages 9 years, 4 weeks - 12 years, 2 months
HPV-3	1 time per year, ages 9 years, 24 weeks - 12 years, 6 months
Human Papillomavirus (HPV) DNA Test	1 time every three years for women ages with normal cytology results who are 30 or older.
Hypothyroidism screening: newborns	1 time for newborns
Polio (IPV-1)	1 time per year, ages 6 weeks-2 months
Polio (IPV-2)	1 time per year, ages 10 weeks-18 months
Polio (IPV-3)	1 time per year, ages 14 weeks-18 months
Polio (IPV-4)	1 time per year, ages 4-6 years
Iron supplementation in children	As prescribed; ages 6-12 months for children who are at increased risk for iron deficiency anemia
Influenza, inactivated	1 time per year, ages 6 months or older
LAIV (intranasal influenza)	1 time per year, ages 2-49 years
Lead screening children	Ages 6 months-11 months: two times; ages 1-4 years: 5 times; ages 5-6 years: 1 time per year
Lung cancer screening	1 time per year with low dose computed tomography in adults 55 to 80 years who have smoking history of 30 packs per year and currently smoke or quit within the past 15 years.

Medical history	0-11 months: 6 well baby visits; 1-4 years: 7 visits between ages 1 and 4; 5-18 years: 1 visit per year
Meningococcal Conjugate vaccine ((MCV4-1)	1 dose ages 11-12 years; also for younger children at increased risk
Meningococcal Conjugate vaccine (MCV4-2)	1 dose as recommended ages 11 years, 8 weeks-16 years; also for younger children at increased risk
Measles, Mumps, Rubella vaccine (MMR-1)	1 time age 12-15 months; 1 dose adolescents and adults who have not had measles, mumps or rubella and have not been vaccinated; 2 doses adults at higher risk
Measles, Mumps, Rubella vaccine (MMR-2)	1 time age 13 months-6 years
Meningococcal Polysaccharide Vaccine (MPSV4-1)	1 time per year, ages 2+ years; adolescents and adults at higher risk, as recommended by physician
Meningococcal Polysaccharide Vaccine (MPSV4-1)	1 time per year, ages 7+ years; adolescents and adults at higher risk, as recommended by physician.
Obesity screening & counseling: adults	1 time per year for screening; patients with a body mass index (BMI) of 30 kg/m ² or higher, up to 3 intensive behavioral counseling sessions per year.
Obesity screening & counseling: children	1 time per year, ages 6-18
Oral health risk assessment: children	Ages 6-11 months: 2 times; ages 1-4 years: 5 times; age 6-10: 1 time per year
Osteoporosis screening: women	1 time per year, women age 65 years and older; 1 per year for younger women if recommended by a physician.
Phenylketonuria screening: newborns	1 time for newborns
Pneumococcal Conjugate (PCV-1)	1 time age 6 weeks-2 months; adults at high risk
Pneumococcal Conjugate (PCV-2)	1 time age 10 weeks-4 months
Pneumococcal Conjugate (PCV-3)	1 time age 14 weeks-6 months
Pneumococcal Conjugate (PCV-4)	1 time per year, ages 12-15 months
Pneumococcal Polysaccharide (PPSV-1)	1 dose ages 2+ years
Pneumococcal Polysaccharide (PPSV-2)	1 dose, ages 7+ years; another dose at age 65; 1 dose, adults at high risk
Prenatal visits	At the intervals recommended; 100% with no copay and no deductible if billed separately; 40% of a global prenatal and delivery charge.
Prostate Cancer Screening (Exam and PSA Testing)	1 time per year for men age 40 and over
Rh incompatibility screening: pregnant women	1 time at first prenatal visit and 1 time at 24-28 weeks gestation, unless the biological father is known to be Rh (D)-negative.
Rotavirus-1	1 time per year, ages 6 weeks-2 months
Rotavirus-2	1 time per year, ages 10 weeks-4 months
Rotavirus-3	1 time per year, ages 14 weeks-6 months
Skin cancer behavioral counseling	1 time per year, ages 10-24 who have fair skin
Sexually Transmitted Infections counseling	1 time per year, high intensity behavioral counseling for sexually active adolescents (ages 11-18) and for adults at increased risk for STIs
Syphilis screening	1 time per year, pregnant women and persons at increased risk for syphilis infection
Tetanus and Diphtheria (td)	1 time every 10 years, ages 7+ and after exposure to tetanus

Tetanus, Diphtheria and Pertussis for adolescents and adults (Tdap)	1 time ages 7+ years
Urinary tract and other infection screening for pregnant women	3 times, during pregnancy
Tobacco use counseling on use and cessation	2 tobacco cessation attempts per year adults and pregnant women who use tobacco; each consisting of 4 ten minute counseling sessions (telephone, individual or group) and Food and Drug Administration (FDA)-approved tobacco cessation medications (including both prescription and over-the-counter medications) for a 90-day treatment regimen when prescribed by a health care provider without prior authorization; augmented pregnancy counseling tailored to those who smoke.
Tobacco use interventions: children and adolescents	Interventions, including education or brief counseling to prevent initiation of tobacco use in children and adolescents ages 5-18.
Tuberculin Screening: children	0-11 months: 6 well baby visits; 1-4 years: 7 visits between ages 1 and 4; 5-18 years: 1 visit per year
Chicken-pox (Varicella-1)	1 time ages 12-15 months; adults and adolescents who have never had chickenpox and have never been vaccinated
Chicken-pox (Varicella-1)	1 time ages 15 months - 6 years; adults and adolescents who have never had chickenpox and have never been vaccinated
Vision screening all children	1 time per year ages 3-18
Visual acuity screening: children	1 time every 2 years, ages 3-5
Well-adult routine physical exams	1 time per year for adults ages 18 and older
Well-woman visits	1 time per year, women only